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Tyler has a plan to further expand Bob's training while reducing the time both have to spend on it. He called his friend Mark and asked if he was interested in participating in Bob's training.

Mark arrives at the park at the agreed time. All three guys are wearing tight-fitting white football pants, t-shirts and baseball caps. They greet each other and Tyler, sitting on Bob as he had been waiting for Mark, explains his plan for the day. Mark will sit on Bob's face, guided by Tyler in finding a style of face sitting that is comfortable for him. Tyler wants to put more weight on Bob and train Bob's abs at the same time, so he will occasionally sit together with Mark. Bob is a bit overwhelmed, Tyler has decided to sit on him with the two of them at the same time. Mark guesses his thoughts and asks Tyler in surprise if Bob can handle that. Tyler is confident that Bob has build enough endurance for him to handle their combined weight.

As Tyler explains his plan to both Bob and Mark, there's a mix of curiosity, excitement, and a hint of apprehension in the air. Bob, who has already experienced face-sitting sessions with Tyler, knows what to expect to some extent, but the addition of Mark and the prospect of bearing their combined weight is a new challenge. Mark, having sat on Bob's face once before, is more familiar with the sensation but is intrigued by the idea of collaborating with Tyler for this unique training session. He glances over at Bob and notices a mix of emotions on his face.

Tyler, still seated on Bob's chest, exudes confidence in the wide receiver's capabilities. He trusts that Bob has developed the endurance and resilience needed for this new level of training. With a cheeky grin, he emphasizes his role as the "heavy quarterback" in this scenario. Mark nods in agreement, his interest piqued. So, Tyler, what's the game plan here? How do you want us to proceed? he asks, eager to get started.

Tyler starts explaining the details of their training session, outlining the different positions and shifts they'll use to maximize Bob's training while keeping them comfortable and keeping Bob safe. He explains to Mark that he wants him seated on Bob's face in the reverse sitting position, that way Tyler can look him in the eye when he sits on Bob's stomach, making conversations between them easier.

Mark nods in understanding as Tyler explains the plan. He's getting more excited by the minute, knowing that he'll be sitting on Bob's face and experiencing this unique dynamic once again. Got it, Tyler, Mark replies, a hint of anticipation in his voice. Bob, still lying on his back, takes deep breaths, mentally preparing himself for the dual sitting challenge ahead. He can feel the weight of anticipation building inside him. Tyler, with his dominant and assertive demeanor, takes control of the situation. All right, guys, he says confidently. Let's get started. Mark, you'll go first. Get into position, and I'll guide you through it.

Mark straddles Bob's chest in the reversed sitting position and makes himself comfortable, remaining seated for a minute or two so Bob can prepare himself for what lies ahead, before moving backwards at Tyler's instruction. Bob looks up at Mark's behind and imagines that in a few moments his ass will be on his face again.

Tyler squats next to Bob's head so he can see what happens when Mark sits down. He tells him to move back his ass and take his seat, taking his time to look for that 'sweet spot' and when he's comfortably seated, sit down full weight and relax. Tyler tells him to focus on his comfort and his enjoyment. Bob is instructed to check in on him to make sure he's comfortable throughout the session. Tyler will keep an eye on Bob's safety.

Mark takes a deep breath and nods, his anticipation growing as he positions himself over Bob's face. Slowly, he lowers his body, feeling the sensation of Bob's face beneath him.

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Tyler's guidance is reassuring, and Mark takes his time to find the most comfortable position for himself. Bob, lying patiently under Mark, feels the weight gradually increase as Mark settles onto his face. He listens to Tyler's instructions and, despite the pressure building on his face, maintains his composure. He knows that this training session will push his limits, but he's ready to endure it for the sake of his teammates and the unique bond they share.

Tyler watches attentively as Mark takes his seat on Bob's face. He can see the dynamics at play and is ready to intervene if necessary. Tyler's assertive presence keeps the situation under control, ensuring both Mark's comfort and Bob's safety during this face-sitting training session.

As Mark settles onto Bob's face, Tyler can't help but notice the size difference between his own well-built quarterback's butt and Mark's. With a mischievous grin, he leans over to Bob and chuckles. Bob, Tyler says playfully, looks like you're getting a taste of variety today. From the quarterback to the wide receiver, quite the range of seating options under our team, huh? Bob, muffled beneath Mark's weight, can't respond with words, but he lets out a muffled laugh, appreciating Tyler's sense of humor and the unique situation they find themselves in.

Mark, now comfortably seated on Bob's face, listens to Tyler's guidance intently. He shifts his weight slightly, trying to find the most comfortable position for himself. As he experiments with different angles and positions, he occasionally looks down at Bob beneath him, knowing that his comfort is a priority. Tyler watches closely, ensuring that Mark is settling in comfortably. Don't hesitate to adjust your seat if you need to, Tyler advises Mark. Bob is here to support you, so feel free to make yourself as comfortable as possible. We want you to enjoy this experience. Let's start a 5 minute session says Tyler. And to Mark: tell your seat how you want to be pleased, it's his job to serve you and make sure you're comfortable. Enjoy the ride!

Mark nods in response to Tyler's instructions. He settles into the face-sitting position, his weight fully on Bob's face. Alright, Bob, Mark says with a playful tone, I want you to make sure I'm comfortable and enjoy every moment of this. With that, the running back begins his face-sitting session, shifting his position slightly to find the most comfortable spot on Bob's face. Tyler watches closely, ready to offer guidance if needed, as Mark starts to enjoy his ride.

As Mark settles into his face-sitting session, Tyler keeps a close eye on both Mark and Bob. Mark begins to feel more comfortable in this dominant position, and he starts to relax into it. He even occasionally shifts his weight to see how Bob reacts. Tyler, noticing Mark's growing confidence, offers some guidance. You're doing great, Mark, he says with encouragement. Feel free to adjust your position as you see fit. Bob can handle it. Just make sure you're comfortable and enjoying yourself. Mark continues to ride Bob's face, shifting his weight every so often to explore different sensations. Bob, although enduring the pressure, is focused on ensuring Mark's comfort and pleasure. This unique training dynamic between the three of them deepens as Mark gains more control and confidence in this reverse sitting position.

As Mark continues to sit on Bob's face, Bob periodically checks in on Mark's comfort. Despite the intense situation, Bob is eager to make sure the running back is enjoying himself and not experiencing any discomfort. Mark, are you still comfortable? Bob mumbles from beneath Mark. Mark, feeling the concern and diligence in Bob's voice, replies, Yeah, I'm good Bob, thanks for asking. Bob, satisfied with Mark's response, continues to provide a stable and supportive platform for Mark to enjoy his experience. Tyler watches this exchange

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with a sense of satisfaction, knowing that both Bob and Mark are embracing their roles in this unique training session.

Tyler is confident that Mark is comfortable and Bob is doing fine when his timer beeps. He tells Mark to stay seated for another 5 minutes and settles himself on Bob's abdomen. Bob now having to support Tyler's weight as well, has to adjust to cope with the weight of his second rider.

Tyler, now seated on Bob's abs, is getting more comfortable by the second, but the added weight is starting to affect Mark's comfort on Bob's face. Tyler is aware of this and suggests to Mark, Hey Mark, why don't you shift your position slightly to find your sweet spot again? Don't worry, Bob can handle both of us. Mark, eager to stay comfortable and continue the session, adjusts his position as Tyler suggested. This change helps him find a more comfortable seating position, and he replies, Thanks for the advice, Tyler. I think I've got it now. With Mark repositioned, Tyler and Mark continue the session, both now seated on Bob, who is diligently supporting their combined weight. The unique dynamics of this training session continue to evolve, as Bob's endurance and adaptability are put to the test.

Tyler decides to make himself even more comfortable. Bob, I want you to lift your legs and create a backrest for me. This will make it more comfortable for me, and it's your job to always think about this yourself from now on. Once you've adjusted, check if I'm comfortable now. Bob, despite the added challenge, complies with Tyler's request and lifts his legs, creating a comfortable backrest for his quarterback. He then asks, Tyler, is this more comfortable for you now? Tyler shifts slightly, feeling the difference. Yes, that's much better, he replies. Now, Bob, make sure to always consider my comfort during our sessions. Mark, seated on Bob's face, watches this interaction with interest. He knows that this unique training dynamic requires constant adjustments and communication to ensure their comfort.

As Mark and Tyler continued their "double riding" session on Bob, they marveled at the unique training approach they had devised. Mark looked over at Tyler with a grin and said, This is pretty interesting, isn't it, Tyler? It's like we're tag-teaming to train Bob's endurance. Tyler nodded in agreement. Yeah, it's a different experience for all of us. Bob's doing a great job handling both of us. How are you feeling down there, Bob? With muffled words due to Mark's weight on his face, Bob responded, Mmmm...f-fine...very...challenging...but...okay. Mark, aware of Bob's efforts, chimed in, You're doing great, Bob! Just remember to let us know if you need a break. Tyler leaned back against Bob's lifted legs, using them as a backrest for added comfort. Bob, you're getting stronger every day. Keep up the good work!

Mark occasionally adjusted his position slightly to ensure he remained comfortable. He was impressed with how well Bob was handling the situation. Bob, you're really doing an amazing job down there, Mark remarked, his voice also a bit muffled due to the intimate seating arrangement. I can tell you're working hard to support both of us, and I appreciate it. Bob's muffled voice responded, Th-thank...you...glad to...help...

Meanwhile, Tyler was enjoying the unique sensation of sitting on Bob's abdomen while also providing Mark with a comfortable seat. He leaned back a bit further, using Bob's raised legs as a backrest. Bob, how are you holding up under there? Tyler asked with a hint of amusement in his voice. We've got a few more minutes to go, and we want to make sure you're still alright. Bob grunted in response, his efforts evident as he continued to bear the weight of both his teammates. Despite the challenge, he was determined to endure the session and build his endurance further.

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As the minutes tick away Tyler is curious about how Mark is feeling about his ride. He encourages him to share his feelings with Bob as well, as this helps both of them to explore their respective dominant and submissive feelings. Mark adjusting his seat, finding a more comfortable position as he responded to Tyler's question. It's... amazing, Tyler, Mark replied. I feel... in control... empowered, you know? Knowing that Bob's working hard to support us... it's a unique feeling. Tyler chuckled, understanding Mark's perspective. That's right, Mark. It's quite the experience. Bob's dedication is commendable, and it's all part of his training. Tyler then encouraged Mark to share his thoughts directly with the wide receiver. Bob, Mark began, speaking to the muffled voice beneath him, I appreciate what you're doing down there. You're making this experience enjoyable for both of us. Your commitment doesn't go unnoticed. Bob, barely able to speak, managed to produce a muffled response of gratitude, which was met with understanding nods from both Mark and Tyler.

Tyler decided it's time to switch positions with Mark. I will sit on Bob's face for a few minutes, while you sit behind me on his abs, he says to Mark. Use the backrest if you want and relax. Bob will certainly notice the weight of a bigger ass on his face, he says, laughing. Mark chuckled, ready to change positions with Tyler. Sure thing, Tyler. I'll take my place behind you, Mark replied as he repositioned himself on Bob's abdomen. He found the backrest helpful, propping himself up slightly for comfort.

Tyler lowered himself onto Bob's face in the forward facing position, making sure to find a comfortable spot. He let out a sigh of contentment as he settled in. Ah, this feels nice, Tyler remarked, Bob's doing great under our weight. Mark, now seated behind Tyler, chuckled and said, Yeah, he's certainly enduring it well. And I'm enjoying this view, too.

Which view are you enjoying precisely Mark, asks Tyler mischievously, as he looks down over his shoulders to see his ass on Bob's face, while gently stroking his buttocks in their tight casing. This ass attracts a lot of attention and not only from the ladies, he laughed. Mark couldn't help but laugh at Tyler's comment. Well, Tyler, your view from up front is quite impressive, Mark replied with a grin. But I have to say, looking at your ass from behind while it's on Bob's face is a unique perspective. Tyler chuckled in response. Glad you're enjoying the view, Mark. Bob's face certainly makes for a comfortable seat. And speaking of views, it must be quite something for him down there, don't you think? Bob, with his voice muffled by Tyler's ass, managed to let out a faint, affirmative sound of agreement. Mark nodded, adding, I'm sure it's an experience he won't forget anytime soon. It's not every day you get to serve as a seat for two guys, especially with a quarterback's ass involved. The two guys continued to chat, sharing light-hearted banter while Tyler remained comfortably seated on Bob's face and Mark settled in on Bob's stomach, using the backrest he had created.

As Tyler and Mark settled into their new positions on Bob, the combined weight of both riders pressed down on him, making it even more challenging for Bob. His muffled grunts and moans intensified, indicating the increased discomfort he was experiencing. Tyler, now comfortably seated on Bob's face, looked down and asked, Bob, are you still with us down there? How's it feeling? Bob's voice came out muffled and strained. Mmmph... It's... uungh... quite a... challenge... Mark, perched on Tyler's back, chimed in, You're doing great, Bob! Just hang in there and keep supporting us. We're here to help you build that endurance, right, Tyler? Tyler nodded in agreement, his muscular thighs squeezing Bob's head gently as he spoke. Exactly, Mark. Bob's strength and perseverance are really going to improve with this kind of training.

The trio settled into their new positions, with Tyler and Mark enjoying their comfortable seats while Bob endured the weight of two men. Despite the discomfort, Bob was determined to continue, eager to embrace the challenges of this unique training dynamic.

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Tyler, feeling in control as he sat on Bob's face, decided to further emphasize the dynamic of dominance and submission in their training. With a mischievous grin, he looked down at Bob and said, Bob, it's time for you to check in on our comfort. Ask us if we're still comfortable and if we're enjoying ourselves. You're here to serve us, so let's make sure you're fulfilling your role. Bob, muffled beneath Tyler's weight, nodded in understanding. He managed to produce muffled words that conveyed Tyler's instructions. Mmmph... Are... you... mmmph... comfortable?... Enjoying? Tyler chuckled, reveling in the power dynamic. That's right, Bob. Keep those questions coming, and remember, you're here to serve us while we enjoy ourselves. Mark joined in, adding to Bob's submissive experience. Yeah, Bob, make sure you take care of us while we're up here. Your service is vital.

With their dominance established, Tyler and Mark continued to enjoy their comfortable seats on Bob's body, knowing that Bob was working hard to cater to their needs and desires. As Bob continued to struggle under the combined weight of Mark and Tyler, his growls and moans grew louder, and his squirming intensified. Tyler, fully aware of Bob's predicament and enjoying the power dynamic, couldn't help but encourage him further.

Come on, Bob, Tyler taunted, his voice teasing. You can do better than that. Keep holding us up. We're not done enjoying ourselves yet. Mark, unaware of the extent to which Tyler was reveling in Bob's discomfort, joined in, adding his own encouragement. That's right, Bob. Hang in there. We're having a great time up here, so keep up the good work. Bob, struggling to endure the weight on him, moaned and grunted even louder, but he remained determined to please his teammates. Tyler, still enjoying the sensation of power and dominance, decided to push Bob even further. Bob, he said firmly, you're doing well, but we want more. Keep it up for us. We're not getting off until we're fully satisfied.

With Tyler's commanding tone and Mark's encouragement, Bob had no choice but to continue his efforts to support their weight. The three of them continued in their unique training dynamic, with Tyler and Mark enjoying their comfortable positions and Bob working hard to provide them with the experience they desired.

Bob's ordeal is now becoming unbearable, but Tyler wants him to continue for just one more minute.

As his friends enjoy their ride, they count down together to 30 seconds. As the countdown continued, Bob's struggle became increasingly intense. He was pushed to the limit, but he was determined to meet Tyler's demands and endure for just one more minute. With Tyler and Mark counting down together, they reached the final 30 seconds of Bob's ordeal. 30 seconds, Bob! You're almost there! Tyler cheered, his dominant and assertive tone driving Bob to push through the pain. Mark chimed in with encouragement, You've got this, Bob! Hang in there!

Bob grunted and moaned, his body trembling under the weight of his teammates. The seconds ticked away, and as they reached the last few moments, it seemed like Bob might actually make it. 10... 9... 8... they counted together, the anticipation building.

But as the final seconds ticked away, Bob's strength finally gave out, and he tapped Tyler's thigh, signaling that he couldn't continue any longer. Tyler, satisfied with Bob's effort, immediately dismounted, and Mark followed suit.

Bob lay gasping for air, his face flushed and exhausted, but a sense of accomplishment washed over him. He had pushed himself to the limit to please his teammates, and in doing so, he had further deepened their unique bond.

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After the intense double riding session with Bob, the guys gathered around to catch their breath and share their thoughts. Tyler, with a grin on his face, looked at Mark and said, Well, Mark, what do you think? How was your second experience? Mark replied, It was intense, man. I mean, I didn't expect it to be this challenging for Bob. But it was also kinda fun. Bob, finally able to speak clearly, chimed in, You guys did great! It was definitely a challenge, but I appreciate the effort you both put into it. Tyler nodded in agreement, Yeah, Bob, you really held up well. You've come a long way in your training. Mark added, I might join you guys again next week. It's not something I thought I'd enjoy so much, but there's something unique about it. Bob, now feeling a sense of pride in his role, said, I'm glad you're considering it, Mark. It's an experience, that's for sure.

As they continued to chat and relax, the bond between the three teammates grew stronger, solidifying their unique training dynamic and the trust they had in each other.